



Regional Service Council Minutes Region # 18

Meeting Date: 10/15/2021

Meeting Location: Microsoft Teams

Council Members Present

Myra Albertson, Washington County Probation
Kayla Bastin, Floyd County FCMS
Caitlin Busick, Scott Co Supervisor
Catie Dorgay, Harrison County FCM
Brad Fortner, Regional Manager
Jessica Lewis, Washington County FCM
Kelly Shellhamer, Scott County CASA
Michelle Voyles, Floyd County Foster Parent
Judge Vicki Carmichael/Paul Lenfert, Proxy for Clark Co. Judge

Council Members Absent

Mark Barry, Washington Co Director
Carmen Fowler, Floyd County Foster Parent
Tawana Jackson, Harrison Co Director

Others in attendance

MariBeth Adams-Wolf, Our Place
Niquita Albright, Lifeline
Sarah Ash, Childplace
Jennifer Barrett, Floyd County Director (DCS)
Ashley Braswell, Clark County Youth Shelter
Amanda Davidson, NYAP
Shannon J. Emmett, Recording Secretary (DCS)
Alisha Farnsley, Open Door Youth Services
Shannon Faulkner, IUMCH
Laura Fleming-Balmer, Clark County Youth Shelter
Timon Givan-Coots, National Youth Advocate Program
Kristy Glotzbach, Family Ark
Cheryl Graves, Our Place
Amanda Green, LifeSpring Health Systems
Angel Hood, George Junior Republic
Lisa Jacobs, Community Care
Trish Kite-Hannon, New Hope Services
Dana Lemon, ACP
Andrea Nay, Child Services Engage Specialist (DCS)
Jason Nelson, Regional Services Coordinator (DCS)
Milena Olivas, Family Time
Paris Scott, Ireland Home Based Services-Community Partners
Karen Sommer
Tabitha Sprigler, Family Time
Liz Stauth, Anthem
John Taylor, Family and Children's Place
Danielle Stansfield, Ireland Home Based Services-Community Partners
Tabitha Underwood, Community In Schools
Dedra Watkins, Youth Villages
Bill Zenor, PCS Counseling

Meeting Minutes

Meeting Called to Order by Brad Fortner, Region 18 Manager

- I. **Welcome, Introduction and Approval of Minutes** Brad Fortner welcomed everyone to the meeting and introduced the council members. Kelly Shellhamer made a motion, seconded by Kayla Bastin, to approve the minutes as read from the July 16, 2021 meeting. All were in favor, motion carried.
- II. **Budget Report** Brad informed those present that our target percentage through September was 27.13% and we are currently at 28.71%. Top expenditures continue to be supervised visitation and children placed in residential settings.
- III. **Programs and Services** Jason Nelson, Regional Services Coordinator, encouraged those present to continue to join bi-weekly calls with David Reid and that there was a call scheduled that day at 1:00 p.m. Those interested in attending the meeting were instructed to e-mail him for an invitation. Currently, Region 18 has 124 active Family Preservation Services referrals and that continues to be a leading number amongst the southern regions in the state. The initial data after a year of offering Family Preservation Services is very positive and showing shorter case times for both Informal Adjustments and In Home CHINS. Jason congratulated Family Preservation providers within Region 18 on the substantial progress being made with families. Jason encouraged everyone to watch the DCS website for information regarding Family Reunification Services. He expects this RFP to be available towards the end of the year or beginning of 2022. Regarding visitation services, Jason informed providers to expect to see more requests for paraprofessional level referrals and to anticipate some service standard changes in the future, including rate changes. He said there is no real difference in the visitation service standard/delivery between bachelor level visits versus paraprofessional level, and that a bachelor level provider can accept a paraprofessional rate visitation referral.
- IV. **Community Partners** Danielle Stansfield, Ireland Home Based Services, presented the community partners report (see attached). Reports included: breakdown of the number of referrals for each county referral source and service type, and a finance report on expenditures. Danielle reported they are running under budget for this time of year. She stated they have a great relationship with schools in Region 18 and that schools are a great source for referrals. They are looking to reach out to additional entities that may have families in and out of their doors to ensure they know how to make service referrals for those families. Since July, they have received 117 referrals - 32 in July, 36 in August, and 49 in September. Currently, they have 54 open and active cases - 19 in Clark, 18 in Floyd, 4 in Harrison, 6 in Scott, and 7 in Washington. Paris Scott shared a community partner's success story with those present.

The following community partner gave a presentation to the council regarding their programs and services:
Bill Zenor, PCS Counseling Services
- V. **Other Business** Service Providers introduced themselves and gave updates on their programs.
- VI. **Adjourn** Kelly Shellhamer made a motion to adjourn, seconded by Paul Lenfert, all were in favor and meeting was adjourned at 10:50 a.m.



**Ireland Home Based Services
Community Partner for Child Safety
October 1, 2021**

As of October 1, 2021, a total of 117 referrals had been received since July 1, 2021. A home-based caseworker (HBCW) was assigned to 117 cases, a home-based therapist (HBT) was assigned to 0 cases.

There are 54 levels currently being serviced through Community Partners for Child Safety to assist 54 families.

Region 18 received a total of 32 referrals during the month of July. Of these referrals, 10 cases came from Clark County, 16 from Floyd County, 1 from Harrison County, 3 from Scott County, and 2 from Washington County. Region 18 received a total of 36 referrals during the month of August. Of these referrals, 14 cases came from Clark County, 13 from Floyd County, 2 from Harrison County, 3 from Scott County, and 4 from Washington County.

Region 18 received a total of 49 referrals during the month of September. Of these referrals, 14 cases came from Clark County, 18 from Floyd County, 5 from Harrison County, 6 from Scott County, and 6 from Washington County.

July 2021

County	Referrals	Referral Source
Clark	10	DCS (6) Other (2) Self (2)
Floyd	16	DCS (14)) Self (2)
Harrison	1	DCS (1)
Scott	3	DCS (3)
Washington	2	DCS (2)
Total	32	

August 2021

County	Referrals	Referral Source
Clark	14	DCS (9) Other (2) School (1) Self (2)
Floyd	13	DCS (10) Other (1) Self (2)
Harrison	2	DCS (2)
Scott	3	DCS (3)
Washington	4	DCS (1) Self (1) School (2)
Total	36	

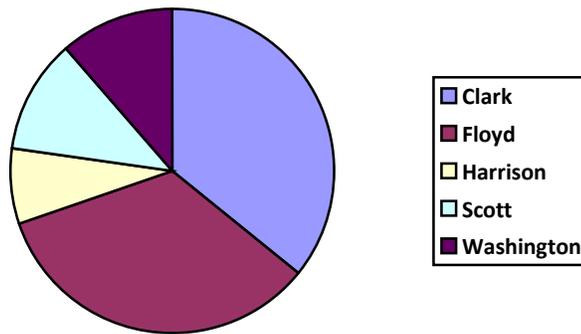
September 2021

County	Referrals	Referral Source
Clark	14	DCS (7) Other (1) School (2) Self (4)
Floyd	18	DCS (14) Other (1) School (1) Self (2)
Harrison	5	DCS (3) Other (1) Self (1)
Scott	6	DCS (5) Self (1)
Washington	6	DCS (4) Self (2)
Total	49	

Current Open Referrals

County	Referrals	Percentages (%)	Service Level
Clark	19	35%	HBCW (19)
Floyd	18	34%	HBCW (18)
Harrison	4	7%	HBCW (4)
Scott	6	11%	HBCW (6)
Washington	7	13%	HBCW (7)
Total	54	100%	

Current Open Referrals



Recent Success Story:

This family referred to Community Partners services for assistance finding housing, employment, transportation and general resources. After meeting with the family, the client shared that her husband recently passed away, he had been the financial provider for the family. IHBS was able to assist mom with finding employment through a home health aid provider. After finding employment they were able to explore housing options and were connected with a private landlord. Within a few weeks the family was able to move into their own apartment that is affordable for mom's new income. IHBS also assisted the family with obtaining social security cards and birth certificates so the family could apply for SNAP benefits. Prior to case closure, IHBS assisted the mom with budgeting her income which allowed mom to see that she could afford a car, this took a lot of stress off of the family. This family was very motivated to accomplish their goals and IHBS was able to close services successfully.

Ireland Home Based Services, LLC
Community Partners for Child Safety - Region 18
Total Budget: \$591,124.77

Month	Service Delivery	Flex Funds	Total	Budget Remaining	% of budget used	Target %
July '21	\$ 41,841.77	\$0.00	\$ 41,841.77	\$48,843.07	7%	8%
August '21	\$ 36,403.11	\$415.20	\$36,818.31	\$50,777.98	13%	17%
September '21						25%
October '21						33%
November '21						42%
December '21						50%
January '22						58%
February '22						66%
March '22						74%
April '22						83%
May '22						91%
June '22						100%
TOTAL	\$ 78,244.88	\$415.20	\$78,660.08	\$512,464.69		

Summary of Service Delivery by County

Month	Clark	Floyd	Harrison	Scott	Washington	Total
July	\$12,803.58	\$20,025.47	\$631.82	\$6,113.08	\$2,267.82	\$41,841.77
August	\$9,650.46	\$19,333.70	\$618.85	\$5,373.10	\$1,427.00	\$36,403.11
September						
October						
November						
December						
January						
February						
March						
April						
May						
June						
TOTAL	\$22,454.04	\$39,359.17	\$1,250.67	\$11,486.18	\$3,694.82	\$78,244.88

Summary of Flex Funds by County

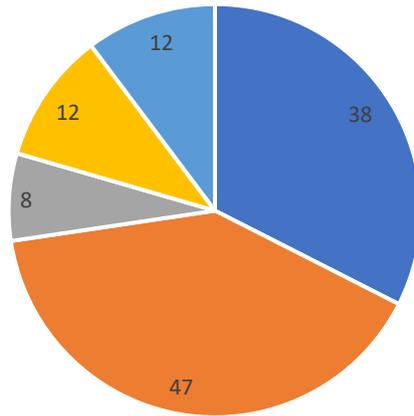
Month	Clark	Floyd	Harrison	Scott	Washington	Total
July	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
August	\$174.41	\$240.79	\$0.00	\$0.00	\$0.00	\$415.20
September						
October						
November						
December						
January						
February						
March						
April						
May						
June						
TOTAL	\$174.41	\$240.79	\$0.00	\$0.00	\$0.00	\$415.20



Referrals Received 2021 – 2022

	July	August	September	October	November	December	January	February	March	April	May	June	Total
Clark	10	14	14										38
Floyd	16	13	18										47
Harrison	1	2	5										8
Scott	3	3	6										12
Washington	2	4	6										12
Total:	32	36	49										117
Fiscal Year 2019-2020	44	56	47	55	40	37	35	52	52	33	41	33	525
Fiscal Year 2020-2021	39	39	43	59	49	41	38	73	57	47	52	47	584

Referrals Received



■ Clark ■ Floyd ■ Harrison ■ Scott ■ Washington

Clark

	July	August	September	October	November	December	January	February	March	April	May	June	Total
Clark Co Probation	2	1	1										4
DCS	6	9	7										22
Greene Valley Elementary School	0	0	1										1
Head Start	0	1	0										1
River Valley Middle School	0	1	1										2
Self	2	2	4										8
Total	10	14	14										38

Sources of self-referrals:

	July	August	September	October	November	December	January	February	March	April	May	June	Total
DCS	1	0	0										1
Family/Friend	0	1	1										2
Juvenile Probation	0	0	2										2
Previous Client	0	1	1										2
Wellstone	1	0	0										1
Total	2	2	4										8

Floyd

	July	August	September	October	November	December	January	February	March	April	May	June	Total
Choices LRC	0	1	0										1
DCS	14	10	14										38
Floyd Co Schools	0	0	1										1
Head Start	0	0	1										1
Self	2	2	2										6
Total	16	13	18										47

Sources of self-referral:

	July	August	September	October	November	December	January	February	March	April	May	June	Total
Family/ Friend	0	1	0										1
Floyd Co Schools	1	0	0										1
Homeless Coalition	0	0	1										1
IHBS	0	1	1										2
St. Elizabeth Catholic Charities	1	0	0										1
Total	2	2	2										6

Harrison

	July	August	September	October	November	December	January	February	March	April	May	June	Total
DCS	1	2	3										6
Head Start	0	0	1										1
Self	0	0	1										1
Total	1	2	5										8

Sources of self-referrals:

	July	August	September	October	November	December	January	February	March	April	May	June	Total
Facebook	0	0	1										1
Total	0	0	1										1

Scott

	July	August	September	October	November	December	January	February	March	April	May	June	Total
DCS	3	3	5										11
Self	0	0	1										1
Total	3	3	6										12

Sources of self-referrals:

	July	August	September	October	November	December	January	February	March	April	May	June	Total
Previous Client	0	0	1										1
Total	0	0	1										1

Washington

	July	August	September	October	November	December	January	February	March	April	May	June	Total
Bradie Shrum Elementary	0	2	0										2
DCS	2	1	4										7
Self	0	1	2										3
Total	2	4	6										12

Sources of self-referrals:

	July	August	September	October	November	December	January	February	March	April	May	June	Total
Healthy Families	0	1	0										1
Previous Client	0	0	1										1
Washington County Probation	0	0	1										1
Total	0	1	2										3



Founded in 1959

Mission: To provide mental health services to everyone desiring wellness of body, mind, spirit, and community.

Providing the following outpatient mental health services:

- **Psychotherapy – individual, couple, family, marriage**
- **Play Therapy**
- **Music Therapy**
- **Addictions Therapy**
- **Anxiety, depression, PTSD, anger management, grief, etc.**
- **Medication Management**
- **Intensive Outpatient Program (Beginning fall 2021)**

PCS is the Employee Assistance Program (EAP) for the Town of Clarksville.

PCS accepts most commercial insurance, Indiana Medicaid, Indiana Medicaid Waiver.

We also have an adjusted fee scale for those un-insured or under-insured.

Specialties: Trauma-informed care, EMDR, Play Therapy, Music therapy, DBT and CBT, S.T.A.R. approved for Veterans.

Serving seventeen counties in Indiana and four counties in Kentucky.

Therapists: Licensed Marriage & Family, Licensed Mental Health, Licensed Clinical Social Workers, Licensed Clinical Psychologists, Psychiatric Nurse Practitioner, and Licensed Addictions.



1205 Applegate Lane / Clarksville, IN / 47129 / 812-283-8383 / www.pcs-counseling.org



Early Intervention

Substance Use Disorder Program

Program Description

The Early Intervention (EI) program is a separate and distinct program within the Personal Counseling Services' (PCS) Substance Use Disorder Program. This level of care is generally appropriate for clients who are not diagnosed or receive a diagnosis of Mild Substance Use Disorder. Service format, length, and intensity is determined by admission assessment, client preferences and variety of collateral sources of information. Monthly clinical service ranges from one (1) hour to four (4) hours per month. Services can be provided in individual, group or family formats. Clients have access to other services provided by PCS to treat emerging needs. This includes psychiatric medication management, psychological services, trauma therapy and marriage/family counseling.

Program Purpose and Goal

The purpose of PCS' Early Intervention (EI) program is to provide services to those who present with risk for substance misuse, recently engaged in substance misuse, exhibits need for education and intervention services. The program's primary function is to provide early intervention services to minimize the need for a more intensive level of care. The EI program offers services that may vary in intensity and modality.

The program goal is to provide in developing a self-directed drug-free lifestyle that promotes the restoration of family/social relationships, improvement of self-esteem, re-connection with a community, and improving the ability to manage psychiatric and physical concerns.

Admission Criteria

The client must be 18 years old or older.

The client is currently not physically dependent on alcohol or an illicit drug where condition is not currently being managed.

The client has an adequate recovery environment and support systems to promote a recovery-oriented lifestyle.

Biomedical, emotional, and behavioral conditions/complications do not exist or do not interfere with services provided in an outpatient treatment setting.

Assessment results indicating Early Intervention as the appropriate service level of care. Generally this would be a determination of no diagnosis or a mild diagnosis of Substance Use Disorder.

The client has available resources to meet the service attendance expectations of the program.



Outpatient

Substance Use Disorder Program

Program Description

The Outpatient (OP) program is a separate and distinct program within the Personal Counseling Services (PCS) Substance Use Disorder Program. This level of care is generally appropriate for clients who receive a diagnoses of Mild, Moderate or Severe Substance Use Disorder. Service format, length, and intensity is determined by admission assessment, client preferences and variety of collateral sources of information. Clinical service hours range from one (1) hour a month to eight (8) hours per week. Service format includes individual, group or family counseling. Clients have access to other services provided by PCS to treat emerging needs. This includes psychiatric medication management, psychological services, trauma therapy and marriage/family counseling.

Program Purpose and Goal

The purpose of PCS' Outpatient Treatment (OP) has two primary purposes including prevention or minimizing the need for a more intensive level of care or to serve as a step-down support program after a recent successful completion of an Intensive Outpatient (IOP) Program. The OP program (1.0) is a more intensive level of care service than our Early Intervention (.5) Level of Care offering comprehensive, coordinated and defined services that may vary in intensity, length and modality.

The program goal is to assist our clients in developing a self-directed drug-free lifestyle that promotes the restoration of family/social relationships, improvement of self-esteem, re-connection with a community, and improving the ability to manage psychiatric and physical concerns.

Admission Criteria

The client must be 18 years old or older.

The client has a documented history of problematic current/past use of psycho-active substances.

The client is currently not physically dependent on alcohol or an illicit drug where condition is not currently being managed.

The client has an adequate recovery environment and support systems to promote a recovery-oriented lifestyle.

Biomedical, emotional, and behavioral conditions/complications do not exist or do not interfere with services provided in an outpatient treatment setting.

The client has available resources to meet the service attendance expectations of the program.



IOP

Substance Use Disorder Program

Philosophy:

It is the philosophy of Personal Counseling Services (PCS) that addiction is a brain disease having the potential of significantly impairing a person's physical, spiritual, emotional, financial, environmental, occupational, intellectual and social wellness. Program utilizes SAMHSA's 10 Guiding Principles of Recovery and SAMHSA's definition of recovery as a framework for service delivery. According to SAMHSA's publication "SAMHSA's Working Definition of Recovery: 10 Guiding Principles" (2012) defines recovery as "A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential."

The wellness dimensions described by SAMHSA in its publication "Creating a Healthier Life: A Step-by-Step to Wellness" (2016) will be utilized to determine the effectiveness of the services rendered.

Purpose:

The purpose of Personal Counseling Services' Intensive Outpatient Treatment Program (IOP) is to provide treatment for those diagnosed with Moderate to Severe Substance Use Disorder. Our goal is to assist our clients in developing a self-directed drug-free lifestyle that promotes the restoration of family/social relationships, improvement of self-esteem, re-connection with a community, and improving the ability to manage psychiatric and physical concerns.

Program Services:

- Minimum of nine (9) clinical hours a week for twelve (12) weeks.
- Client must attend thirty-six (36) total group sessions and two (2) individual sessions per month to receive a completion certificate.
- It is recommended that the client has at least two (2) sessions with a family member, friend or significant other attending.
- Each client has access to other services provided by PCS to treat emerging needs. This includes psychiatric medication management, psychological services, trauma therapy and marriage/family counseling

Schedule:

Tuesday	9am-12 pm
Wednesday	9am-12 pm
Thursday	9am-12 pm



Referral Information Sheet
Substance Use Disorder Program

Address: 1205 Applegate Lane
Clarksville, IN 47129

Phone: 812-283-8383
Fax: 812-283-8429

Contact Person: Debbie Tiller (Intake Coordinator) 812-283-8383 Ext 121

Or Bill Zenor 812-283-8383 Ext 111

Program Description: Personal Counseling Services offers an outpatient Substance Use Disorder Program that provides services in three levels of care for the treatment of substance misuse and addiction. Services range in intensity of care ranging from Early Prevention (.5), Outpatient (1.0) to Intensive Outpatient (2.1).

Service Formats: Individual, Group, and Family Counseling

IOP Program:

- 9-12 direct clinical service hours a week for 12 weeks
- Group Sessions: 3 days a week (3 hours each)
- Individual Sessions: 2 sessions a month

Insurances Accepted:

Optum, Indiana Medicaid, Anthem (Commercial and Medicaid), Aetna, Humana, Tri-Care, MD Wise, Cigna, Beacon, SIHO, MHS (Cenpatico)

*We also have an adjusted fee scale for those un-insured or under-insured.

Admission Procedures:

- 1) Prospective client calls Intake Coordinator (812-283-8383 Ext 121) leaving a message.
- 2) Intake Coordinator will return call and will complete screening to determine eligibility for program.
- 3) If eligible for services, an appointment for an admission assessment will be scheduled.

Items to Bring to Admission Appointment: State or Federal issued Identification
Medical insurance card

Supportive Services Available: Personal Counseling Services provides other services that is available to the client when participating in substance abuse treatment. These services include:

Music Therapy	Family and Marriage Therapy	Psychological Testing
Trauma Therapy	Psychiatric Medication Management	Mental Health Therapy